

Early Single-Institution Experience with Hemodialysis Reliable Outflow (HeRO) Vascular Access Device

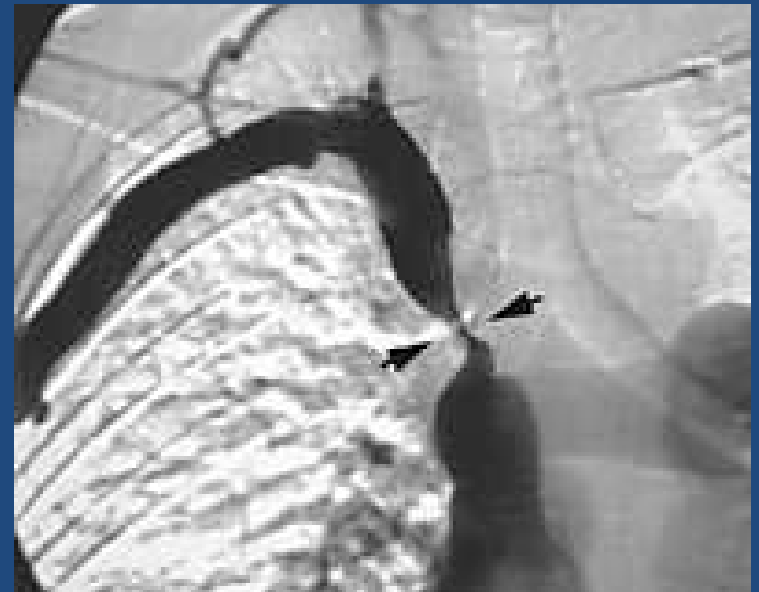
Woolard, JD. Hohmann, SE. Kedora, JC. Grimsley, BR.

Fisher, TL. Barnes, SA. Cedillo, VE. Shutze, WP.



Background

- Difficult, end-stage access patients
- Exhaustion of upper and lower extremity options
- Central venous stenosis
- Catheter dependent

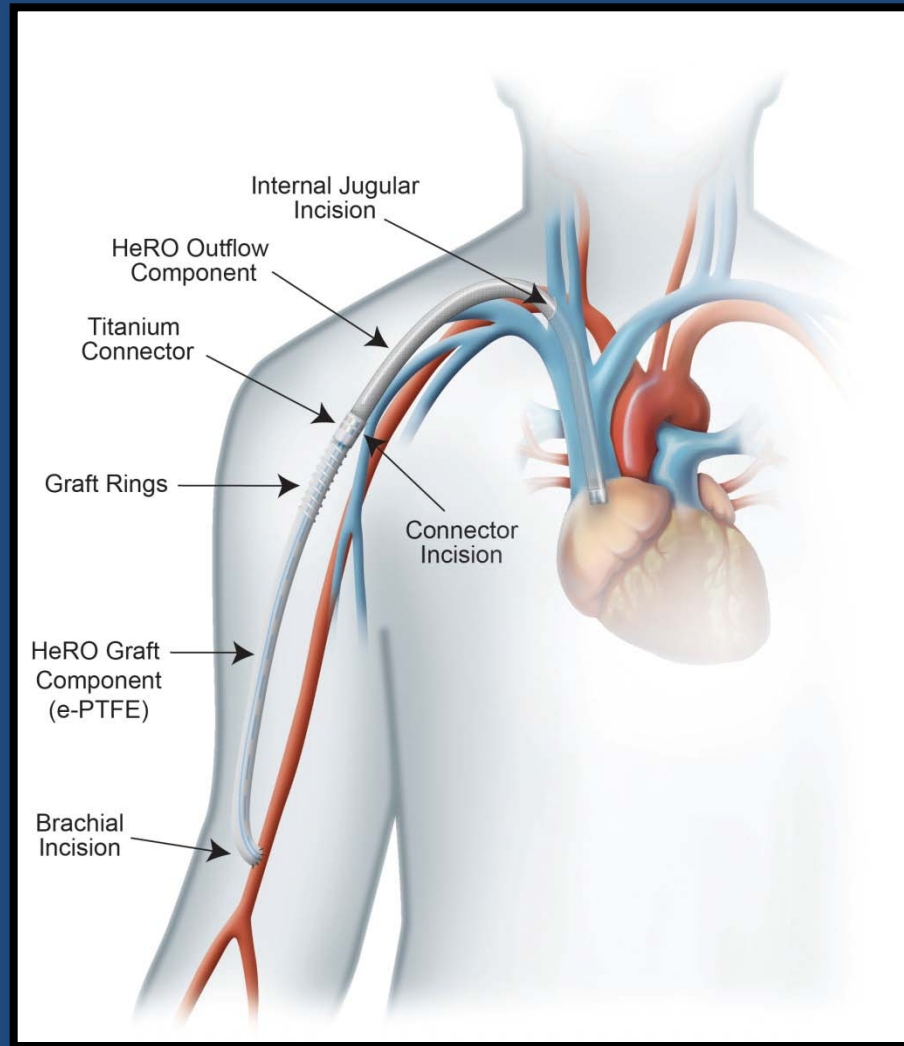


Central venous stenosis

Hemodialysis Reliable Outflow (HeRO) vascular access device

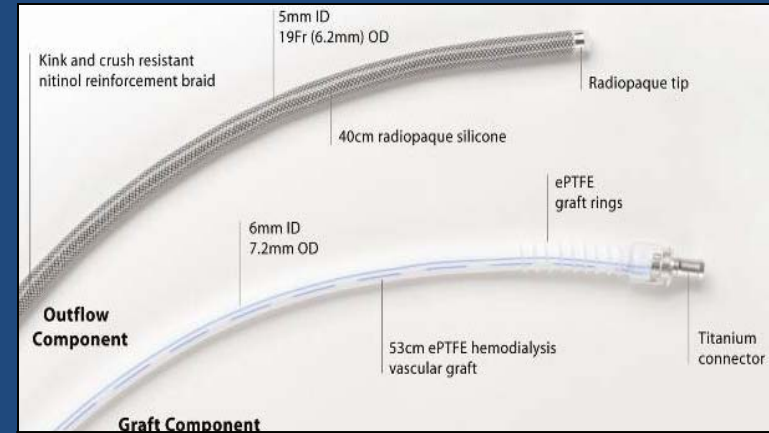
- Solution for access-challenged and catheter dependent patients
- Patency study (Enrollment 7/04)
- Bacteremia study (Enrollment 3/06)
- FDA approval January 2008

HeRO™ vascular access device



Purpose

- To evaluate our early results
 - Patency
 - Time to access
 - Adequacy of dialysis
 - Adverse events



Methods

- Retrospective chart review
- Primary endpoints
 - Primary patency
 - Secondary patency
 - Adequacy of dialysis
- Kaplan-Meier method

Results

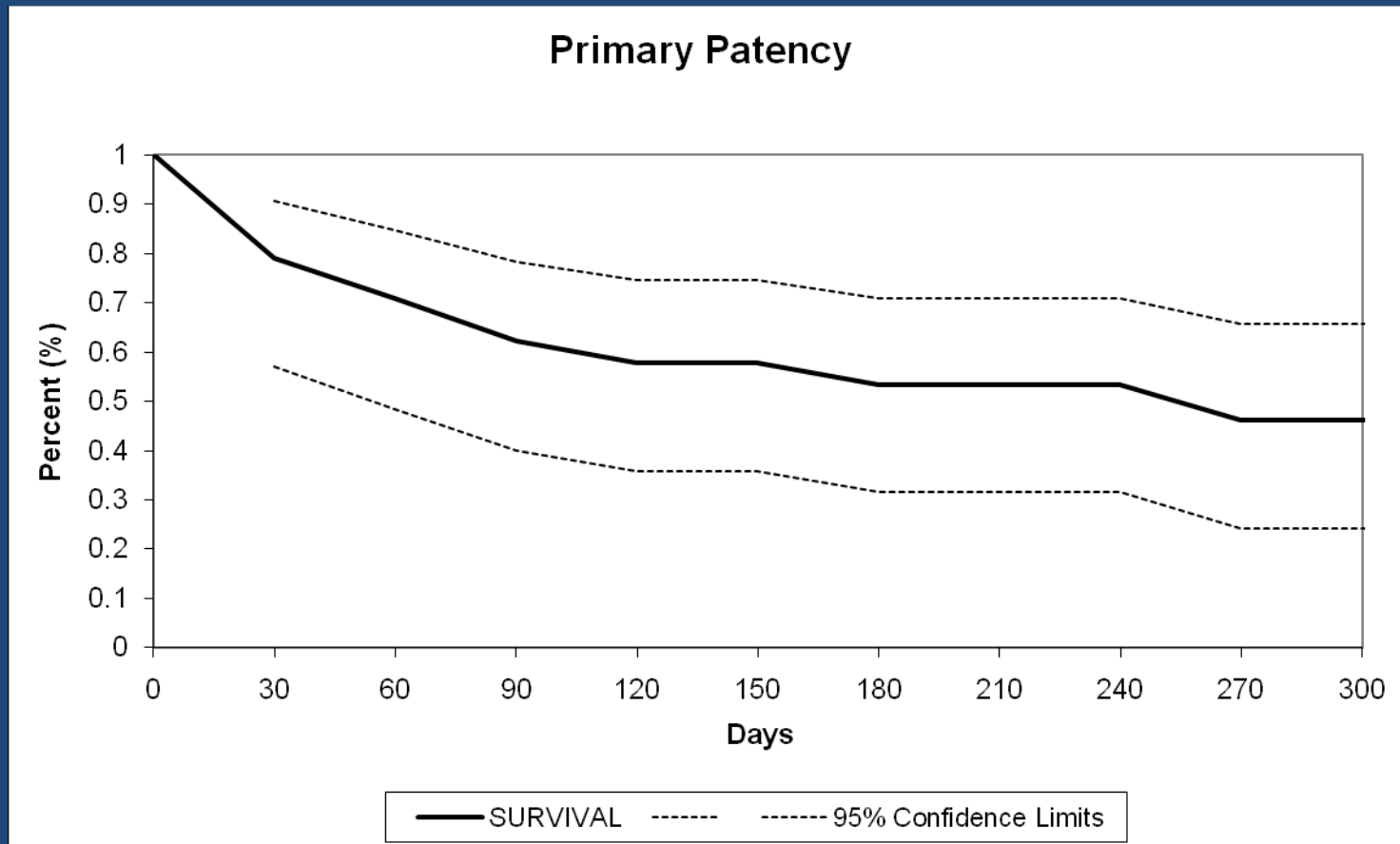
- 24 HeRO catheters in 21 patients
 - April 2009-February 2010
- Mean age = 54 years
 - Women = 13
 - Men = 8
- Median follow-up = 234 days

Results

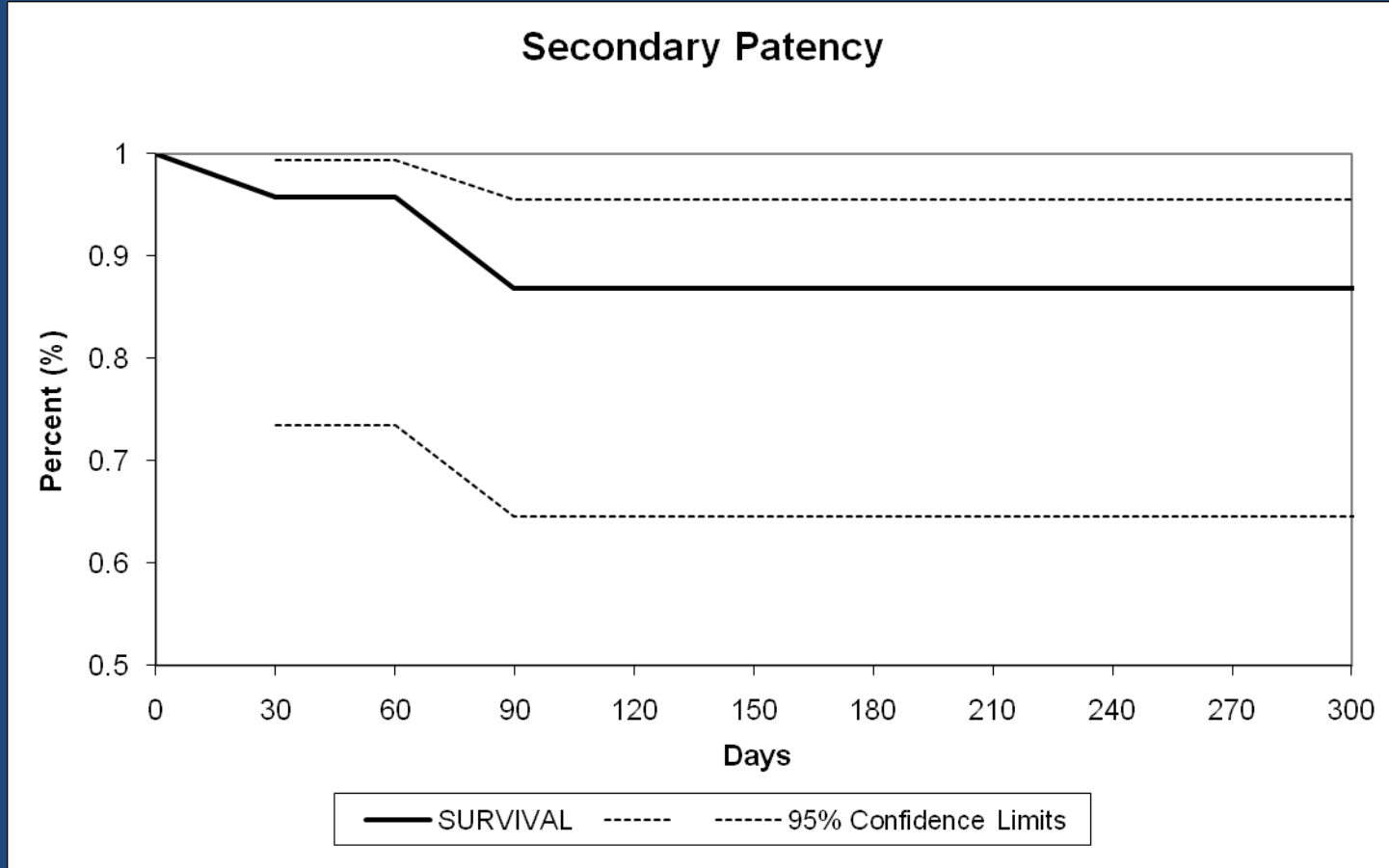
- Mean duration of procedure = 102 minutes
- Days to first cannulation = 48.41 (Range= 14-244)
- Total HeRO days = 4,011 (Median = 180)
- Total HeRO interventions = 16 (11 patients)



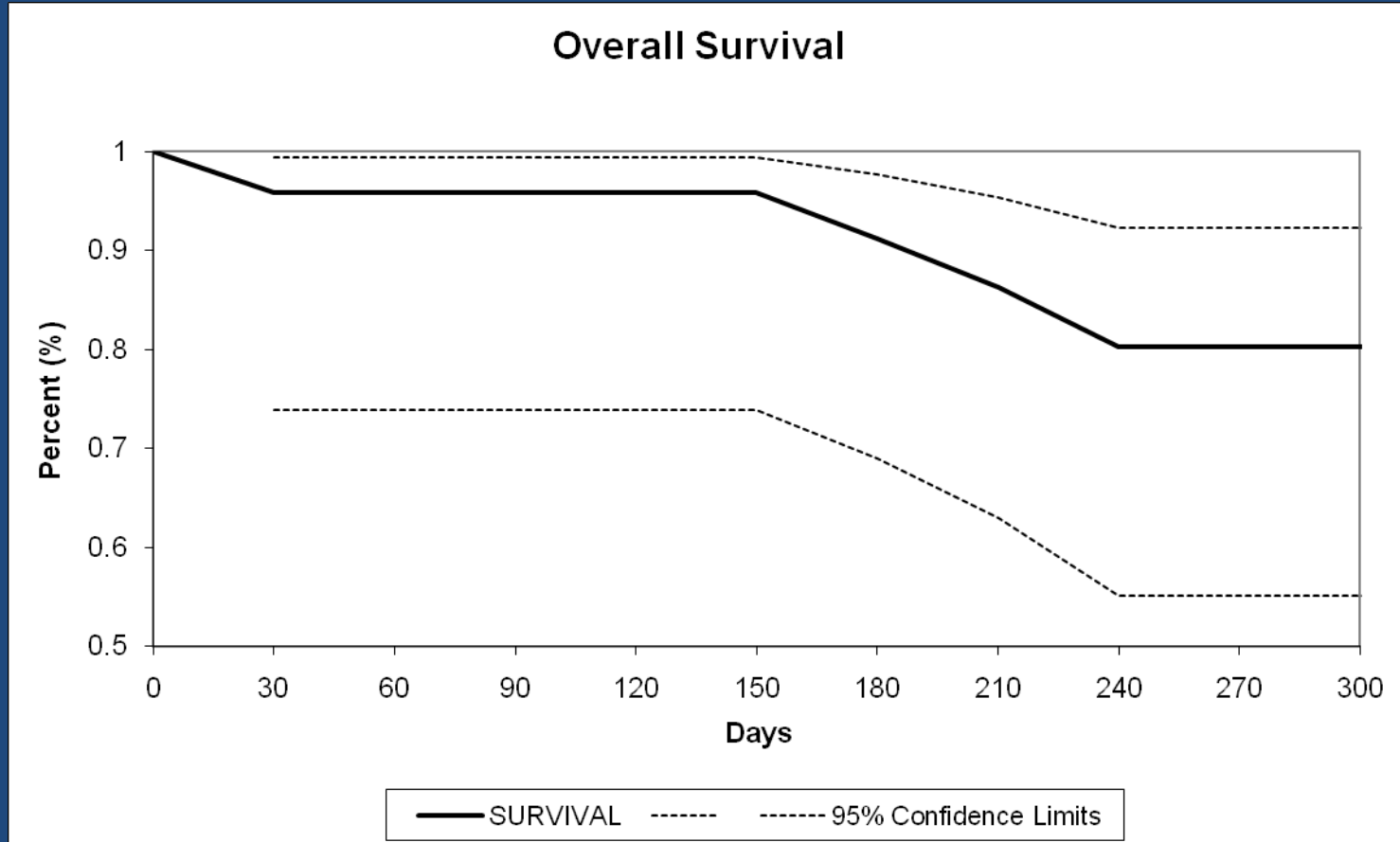
Primary patency



Secondary patency

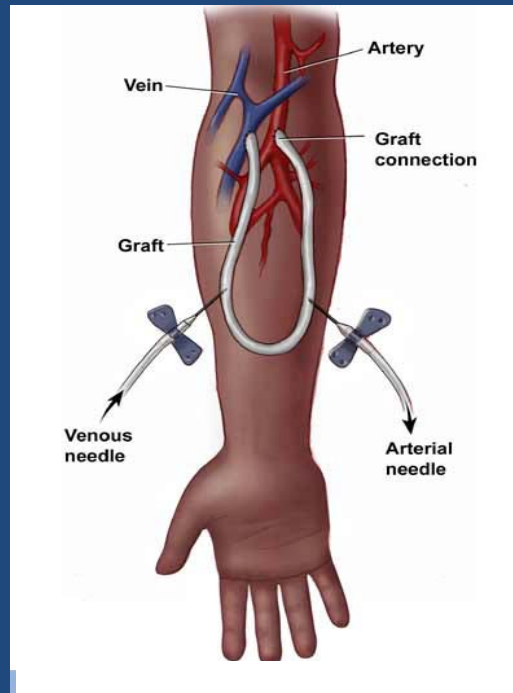
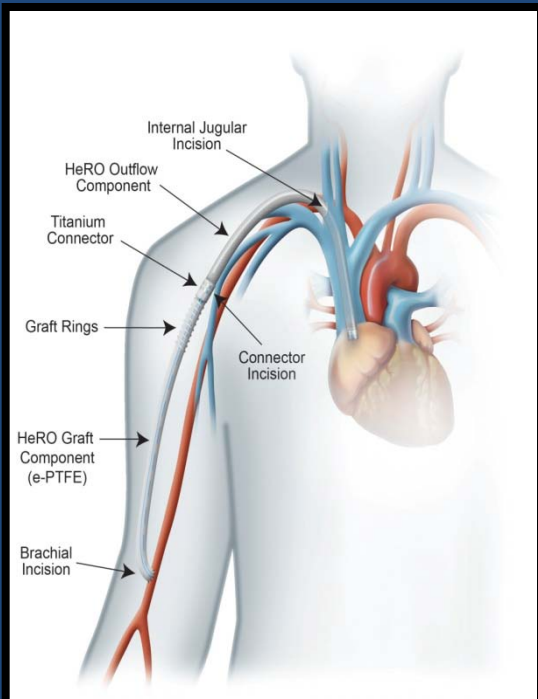


Survival

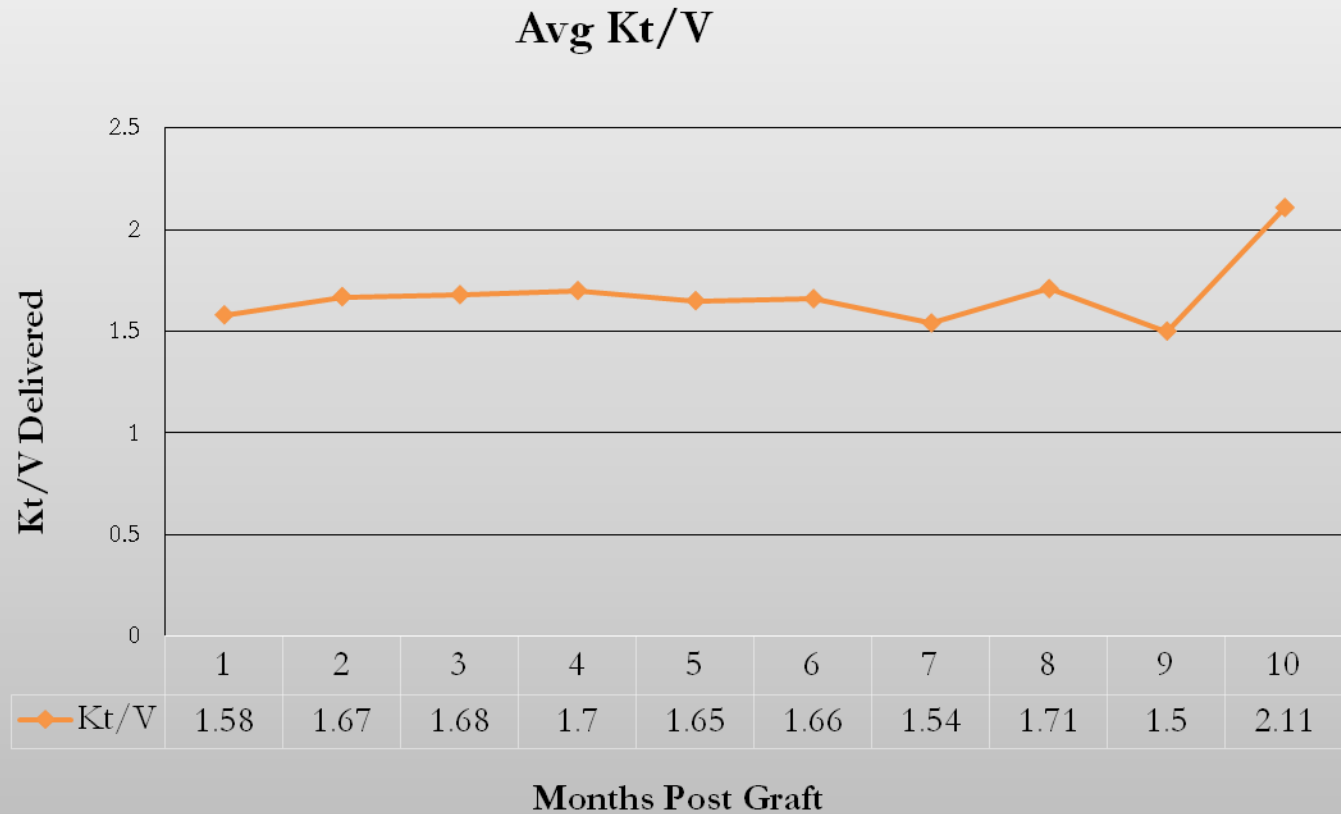


Results

- Adequacy of dialysis (Kt/V)
 - HeRO—1.65 (Range = 0.72-2.48)
 - AV grafts—1.37-1.62
 - Tunneled dialysis catheter—1.29-1.46



Adequacy of dialysis



Results

- Adverse events
 - Steal in one patient
 - Bleeding in one patient
 - Early infection in two patients

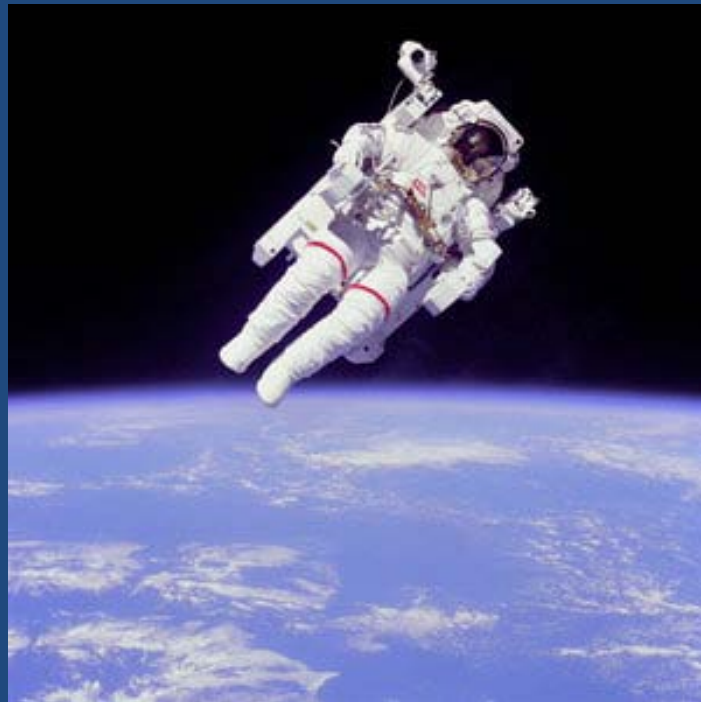


Discussion

- HeRO introduced as alternative for end-stage access patients
- Patency and adequacy of dialysis equivalent/superior to tunneled catheters and AV grafts
- Each 0.1 decrease in $Kt/V = 7\%$ increase in annual mortality

Discussion

- Retrospective
- Small number of patients
- Further study warranted



Conclusion

- End-stage access challenges
- HeRO vascular access device excellent adjunct
 - Patency
 - Adequacy of dialysis
 - Reduction in catheter dependency